

Partner Yoga

Yoga is to union or yoke together. Allow this practice of union to bring you closer to someone you love. Enjoy an evening of yoga with your spouse, significant other or a good friend. This is a great way to introduce someone to yoga in a fun unassuming atmosphere. Laugh, have fun and yes enjoy yoga. We will use each other as props not only to support our poses, but also build our relationships.



Brought to you by Brent & Sheri Rieli

The event will be:

Friday, December 3rd from 7:00-8:15 pm

Hors d'oeuvres to follow. \$39.00 per couple.

Space is limited!

Sign in early to the class at PlymouthYogaRoom.com

www.PlymouthYogaRoom.com

474 Forest Avenue, Plymouth, MI 48170

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